

May/June 2009

# SAI NEWSLETTER

A TRIBUTE TO OUR PARENTS

## “Parents” of the Avatar

Every year on May 6, Easwamma Day is celebrated as children’s day, in honor of Mother Easwamma’s immense compassion and love for children.

Sathya Sai Baba has revealed that she was christened as Namagiriamma at the time of her birth. But Kondama Raju (Swami’s grandfather) told her that Easwamma was the most appropriate name for her, as he knew that she was going to become the mother of Easwara (God).

Sathya Sai Baba has said that there are four types of sons born to man. The distinction lies in the urge that prompted the birth. The Law of Karma operates in three of these.

The *first* is where one has incurred a debt in previous lives and failed to repay it. The lender is born as a child to extract payment and leaves the home for good, as soon as the debt has been fully extracted.

In the *second* instance, the role may be reversed and the parents might have been the lender who has left that body before the debt was repaid. So, he gets as a child, the one who now pays back and who when the last drop of debt is shed, departs freed from its karmic shackles.

The *third* category is progeny born purely as a boon through the Grace of God. God gives a child and entrusts the parents with a task of its care and protection towards the fulfillment of its earthly mission.

The *fourth* and the foremost, however, is He who is the Avatar. Here the cosmic consciousness decides on a human role and chooses the time and place, the persons who are to be addressed as its parents and the womb in which it could initiate its career as a fetus with infinite potency.

Swami has declared that this Sai Avatar descended because saints and sages of all lands prayed for His arrival.

“I chose the mother who was to experience my closeness during gestation. The Avatar alone has this freedom of choice.” Mother Easwamma was indeed a blessed soul. The mother of Bhagawan Sri Sathya Sai Baba, who is the Avatar of our times.

Easwamma Day festivities will be celebrated at the Centre on Sunday, May 10 from 9:30am - 12:30pm. This event will be hosted by the children in the Sai Spiritual Education (SSE) program. All are Welcome.





## WING UPDATES



To commemorate “Easwaramma Day”, the Group 1 students (ages 6 - 8) undertook the “Sai Carebear Service Project” by making 108 Care packages consisting of cheese sandwiches, juice boxes and cookies. They were neatly and decoratively packed with additional treats (candies) contributed by the Pre-SSE students ages 4/5 and distributed at the local shelter by their teachers. Their motto: “Care and Share”.



In addition to the free community hot lunches that are served on a regular basis, the Service Wing organized sandwich and clothing drives where volunteers helped prepare cheese sandwiches and also gather, sort, pack and deliver clothing to Scott Mission Centre, a local facility that provides shelter and free community meals to our homeless friends in the city.



Group 3 students (Girls) attended the Easter service conducted by the North Bramalea United Church. This visit coincided with their study of world religions, with a special focus on Christianity.



“Spare a Little Share with All” is the slogan adopted by the Group 3 Boys class in their efforts to promote a non-perishable food drive to assist the local food bank.



# How to Speak so Children will Listen and How to Listen so Children will Speak!

## Tips for Good Communication

1. Make time for your children
2. Actively Listen
3. Don't Interrupt
4. Ask for their opinion



“Real communication is not speaking from the lips.  
Understanding is true communication.”

- Sathya Sai Baba

Dear Parents,  
Here's a great way to  
share your family  
history and ancestry  
with your children.



## Tips for Building a Family Tree/Genealogy chart:

- Start by recording what you already know
- Make it a family bonding activity
- Organize a family reunion
- Ask your relatives about other family members, important family events and dates. You will have great discussions, share stories & laughter
- Gather family pictures and take more pictures
- You may wish to document this information by using a Family Tree/Genealogy program



## Good discussion Questions to ask your children

If dreams came true, what would you dream for?

What good qualities does your best friend have?

Tell me a time when you were sad.

Tell me about a time when you were kind to someone.

What does the word “success” mean to you?

# Children's Page

Here's  
your chance to  
**Win a  
Prize!**

## Questions from Ms. Manners...

1. When is it acceptable to put your elbows on the dinner table?
2. When you are not eating, where do you keep your hands?
3. During the meal you need to visit the restroom. What do you do?
4. At dinner, when should you start eating?
5. When eating chips with dip, is it OK to dip, take a bite, and return for more dip with the same chip?
6. Is it good manners to read the newspaper or a book or even play at the dinner table?
7. You are at a hockey game and the national anthem begins to play. What do you do?
8. When someone is speaking to you and you disagree with them, is it OK to interrupt to correct them?

\*\*\* Please email your answers to the Editor for a chance to win a prize. One winner will be selected.

## Good Questions to ask your Parents



In which way do I resemble you?

What has been your favourite age so far?

How is your generation different from ours?

Were you ever bullied as a child? Tell me about it.

Tell me about the happiest time you spent with your parents?

What are the three things that you are thankful for?

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